



TSX VENTURE: TVE

Tamarack Valley Energy Ltd. Announces Participation at the 2012 CAPP Investment Symposium

Calgary, Alberta – November 28, 2012 – Tamarack Valley Energy Ltd. (the “Company”) announces that it will present at the 2012 Canadian Association of Petroleum Producers (“CAPP”) Investment Symposium held in Toronto, Ontario on December 10-12, 2012. Tamarack will be presenting at the conference the following times:

- Monday, December 10th at 1:30 pm EST.
- Tuesday, December 11th at 4:00 pm EST.
- Wednesday, December 12th at 11:30 pm EST.

Presentation slides will be available at the symposium or at

<http://www.capp.ca/aboutUs/events/CAPPOilGasSymposium/Pages/default.aspx>

Details on the CAPP Investment Symposium, including the full program, travel, accommodation and registration information, are available www.is2012.CAPP.CA.

Among the highlights is a panel with Ontario Finance Minister Dwight Duncan, Alberta Finance Minister Doug Horner, and Newfoundland and Labrador Natural Resources Minister Jerome Kennedy, who will talk about provincial government perspectives on how to maximize economic opportunities associated with Canada’s growing energy economy.

Keynote speakers include world energy expert Daniel Yergin, Pulitzer Prize-winning author of *The Prize: The Epic Quest for Oil, Money and Power*, Rick George, former chief executive officer of Suncor Inc., Canada’s largest integrated energy company, and New York Times columnist David Brooks, author of three books, a former editor at The Weekly Standard, Newsweek, the Atlantic Monthly and a commentator on The News Hour with Jim Lehrer.

“The 2012 CAPP Investment Symposium focuses on the investment opportunities offered in the high-growth, high-potential Canadian oil and gas industry. With the third-largest oil reserves in the world and equally significant natural gas assets, Canada’s upstream oil and gas industry will continue to create significant value for investors, the industry and all Canadians as global energy demand grows,” said CAPP

president Dave Collyer. "CAPP's Investment Symposium will highlight industry plans to ensure competitiveness and social license to realize these growth opportunities."

"Tamarack is pleased to be presenting a fourth quarter operations update at the 2012 CAPP Investment Symposium in December," said Brian Schmidt, President and CEO of Tamarack. "Tamarack has made significant capital cost reductions on its Cardium plays in 2012 and will be providing an update on the recently completed eight well Viking oil drilling program."

Tamarack is an oil and gas company involved in the identification, evaluation and operation of resource plays in the western Canadian sedimentary basin. The Company uses a rigorous, proven modeling process to carefully manage risk and identify growth opportunities. Tamarack's diversified suite of oil-focused assets provides exposure to the high impact Cardium light oil resource plays in Lochend, Garrington/Harmattan and Buck Lake in Alberta, low cost Viking light oil resource plays in Redwater, Foley Lake and Westlock in Alberta and highly economic heavy oil opportunities southeast of Lloydminster in Saskatchewan.

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