



TSXV: TVE

### **Tamarack Valley Energy files Q3 2010 Financial Statements and MD&A**

**Calgary, Alberta (Marketwire – November 19, 2010)** – Tamarack Valley Energy (“Tamarack” or the “Company”) has filed its Q3 2010 financial statements and management’s discussion and analysis on SEDAR. The documents are accessible on Tamarack’s website at [www.tamarackvalley.ca](http://www.tamarackvalley.ca) or on SEDAR’s website at [www.sedar.com](http://www.sedar.com).

#### **About Tamarack Valley Energy Ltd.**

Tamarack Valley Energy is an oil and gas company involved in the identification, evaluation and operation of resource plays in the western Canadian sedimentary basin. The Company uses a rigorous, proven modeling process to carefully manage risk and identify growth opportunities and has assets in Lochend, Harmattan/Garrington and Quaich areas in Alberta and in Inga, Red Creek and Wilder areas in northeast BC.

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